



# Stowmarket Swimming Club

## IMPORTANT NOTICES

*Keep up to date with us on Facebook.com and on the website stowmarketswimmingclub.co.uk*

If you don't receive emails from me and would like to please email me at [sscmeetsecretary@gmail.com](mailto:sscmeetsecretary@gmail.com) and I will add you to the list.

***Development Meet 16<sup>th</sup>/17<sup>th</sup> June*** – The accepted entries for this meet have been published on our website for checking, any changes to Sandra by Sunday 3<sup>rd</sup> June please. Any updates to the schedule will also be posted. Please arrive 20 minutes before the start of warm up to be registered.

***Norwich Summer Madness Meet 7<sup>th</sup> July*** – Entries for this meet have been updated with more recent times achieved and are now on the club website. Please arrive on poolside 20 minutes before the warm up time to be checked in by our own Team Managers. Any withdrawals must be made 45 minutes before the start of the first event so please let us know if you cannot swim an event for any reason, if you do not withdraw officially and do not swim you will be fined by the host club.

***Summer league*** – The 2<sup>nd</sup> round of summer league takes place on 2<sup>nd</sup> June. Team selections have been communicated directly from the Head Coach.

***Felixstowe Early Opener Meet 16<sup>th</sup> September*** – This one day meet is a sprint meet open to all those in pre-comp squad upwards. Details have been emailed out and placed on the website. Entries MUST be in by Tuesday 19<sup>th</sup> June please. This is a first come first served meet and be sure of taking part our entries need to be submitted in good time.

***Term Dates*** – The summer term ends on Tuesday 31<sup>st</sup> July, the last main club session being Friday 27<sup>th</sup> July. The autumn term begins on Tuesday evening 28<sup>th</sup> August 2018, the first main club session being Friday 31<sup>st</sup> August. Disability swimmers finish for the summer on 26<sup>th</sup> July and return 6<sup>th</sup> September 2018 (tbc).

***Please check the website for Yoga and Land Training dates***

A calendar of fixtures is on the website. Please make a note of all deadlines and retain a copy of your entry form for reference. Look out for Autumn term meet details coming out soon.

Any questions please contact Sandra or Sylvia. Dated 31<sup>st</sup> May 2018.