



Teamipswich Swimming

(Affiliated to ASA East Region)



July Surprize Open 2017

(Under ASA Laws and ASA Technical Rules)

At Crown Pools, Ipswich

License 3ER170554, Level 3 meet

PROGRAMME OF EVENTS

Sunday 9th July 2017

Sunday

Session 1 - Warm-up 08:30, Start 09:30,			
1	Male 100 I.M.	2	Female 100m Backstroke
3	Male 50m Freestyle	4	Female 50m Butterfly
5	Male 100m Breaststroke	6	Female 100m Freestyle
7	Male 50m Backstroke	8	Female 50m Breaststroke
9	Male 100m Fly		

Session 2 - Warm-up TBA,			
10	Female 100m I.M.	11	Male 100m Backstroke
12	Female 50m Freestyle	13	Male 50m Butterfly
14	Female 100m Breaststroke	15	Male 100m Freestyle
16	Female 50m Backstroke	17	Male 50m Breaststroke
18	Female 100m Butterfly		

Age groups for events are: 9, 10, 11, 12, 13, 14, 15+

Age eligibility: - **Age at 9th July 2017**