

SUFFOLK COUNTY CHAMPIONSHIPS 2018

Safety and General Information

Swimmers, Coaches, Spectators and Officials

To help us ensure the safety of everyone at this event, please can all swimmers, coaches, spectators and officials adhere to the following safety guidelines:

Parking – Suffolk County ASA will be providing parking for officials and a limited number of volunteers. We recommend looking at the council's parking website prior to travelling. William Street (adjacent to the pool) is limited to 3 hours. The Crown surface car park is currently closed for re-development. Portman Road car park offers value for money and is still within walking distance of the pool. The Park and Ride bus from Martlesham stops at the Tower Ramparts bus station which is opposite the pool; the one from London Road stops on Great Colman Street, which is a short walk away. There is limited on-street parking, some of which is free on Sundays. Make sure to bring plenty of change for parking!



The County ASA cannot take responsibility for parking violations and we recommend planning ahead before your trip to the championships. Please make sure that you allow sufficient time to allow you to get from your chosen car park to Crown Pools.

Ipswich Town has a home match on 10th February so please allow time for traffic delays and finding parking.

www.ipswich.gov.uk/parking.

Entrance to Crown Pools – Swimmers and spectators will enter through the main entrance of Crown Pools. **Please be patient if there are any delays and follow any instructions given by Crown Pools staff or Suffolk ASA volunteers.** Spectators' entrance fee will be £3 per session/ £5 for a full day.

Poolside Shoes – We ask that ALL swimmers wear poolside shoes when going between spectator area and poolside. ALL coaches, team managers, and officials must wear poolside shoes.



Swim Bags and belongings - All Fire Routes must be kept clear of obstructions at all times. Please do not allow personal belongings/equipment to block areas, which may be required in an emergency situation. There are lockers available for use and easy access. **DO NOT** leave belongings in unlocked lockers. **Pool staff will remove items from unlocked lockers to prevent theft.**

Poolside Admittance – Clubs will be allocated locations around the pool for swimmers, coaches and team managers. **Spectators must remain in the seating/viewing areas.** Poolside will be cleared before any spectators are permitted to enter.

Glass - No glass or glass containers of any type are permitted in the pool, spectator or changing areas.

Still and Video Photography - In line with the ASA Child Safeguarding Policies and Procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if the images are being shared with family and friends through social media platforms. Should you have any concerns about photography and filming at this event, please bring them to the attention of the pool staff or Suffolk ASA volunteers.



First Aid – In the event that first aid is needed, please notify the nearest lifeguard, pool staff or meet team.

External Photography – We have been informed that a crew from BBC Worldwide (Africa) will be visiting the championships to film two swimmers who have been selected to swim for their country at the Commonwealth Games. Please contact me if you have any further questions or do not wish your child to be in any such filming.

If you have any questions, please do not hesitate to ask.

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