



The A'MAY'zing Spring Development Meet 2018

Held under ASA Technical Rules Licensed Level 3ER180723

Programme of Events

Saturday 12th May

Session One Warm-up 11:30am Start 12:30pm Est Fin 3:30pm

Event	Female	Event	Male
1	200m Freestyle	2	50m Backstroke
3	50m Backstroke	4	100m Breaststroke
5	100m Breaststroke		

Session Two Warm-up 4pm Start 5:00pm Est Fin 8pm

Event	Female	Event	Male
		6	200m Butterfly
7	200m Butterfly	8	200m Individual Medley
9	200m Individual Medley	10	100m Backstroke
11	100m Backstroke	12	50m Butterfly
13	50m Butterfly		

Sunday 13th May

Session Three Warm-up 8.00am Start 9.00am Est Fin 11.30am

Event	Female	Event	Male
		14	200m Backstroke
15	200m Backstroke	16	50m Breaststroke
17	50m Breaststroke	18	100m Freestyle

Session Four Warm-up 12pm Start 1pm Est Fin 3.30pm

Event	Female	Event	Male
19	100m Freestyle	20	200 Freestyle
21	100m Butterfly	22	100m Butterfly
23	200m Breaststroke		

Session Five Warm-up 4pm Start 5pm Est Fin 7.30pm

Event	Female	Event	Male
		24	200m Breaststroke
25	50 Freestyle	26	50 Freestyle
27	100m Individual Medley	28	100m Individual Medley