



# East Swimming 2018 Long Course Championships (50m)

## Qualifying Standards (25m Times\*)



ALL AGES AS AT 31 DECEMBER 2018

EVENT	GIRLS						BOYS					
	11/12	13	14	15	16	17/ov	11/12	13	14	15	16	17/ov
<b>50 Freestyle</b>	31.29	30.17	29.30	29.12	28.70	28.16	31.38	29.61	27.90	27.01	26.08	25.07
<b>100 Freestyle</b>	1:08.39	1:06.12	1:03.55	1:02.61	1:01.93	1:00.51	1:09.42	1:05.73	1:02.09	58.45	57.25	54.83
<b>200 Freestyle</b>	2:27.58	2:22.35	2:17.85	2:15.98	2:13.40	2:11.92	2:29.60	2:22.78	2:15.20	2:07.63	2:04.66	1:59.70
<b>400 Freestyle</b>	5:07.22	4:57.47	4:51.51	4:43.43	4:40.82	4:36.70	5:12.64	5:00.67	4:46.74	4:32.81	4:25.16	4:15.03
<b>800 Freestyle</b>	10:39.20	10:01.64	9:45.20	9:37.10	9:30.60	9:21.90	Entry is by 400m or 1500m Freestyle Qualifying Time					
<b>1500 Freestyle</b>	Entry is by 800m Freestyle Qualifying Time						20:30.00	19:39.30	18:27.36	17:53.10	17:06.00	17:04.00
<b>50 Breaststroke</b>	41.05	39.20	38.02	37.74	37.53	37.08	41.65	38.52	36.30	35.25	34.50	33.04
<b>100 Breaststroke</b>	1:29.76	1:24.26	1:23.83	1:22.46	1:21.65	1:20.61	1:32.57	1:26.17	1:21.50	1:16.82	1:14.90	1:11.02
<b>200 Breaststroke</b>	3:10.96	3:02.86	2:58.94	2:57.45	2:55.27	2:54.25	3:15.27	3:08.45	2:57.13	2:45.81	2:41.43	2:37.30
<b>50 Butterfly</b>	34.98	33.53	32.04	31.76	31.57	30.91	35.40	32.82	31.33	30.07	28.82	27.67
<b>100 Butterfly</b>	1:21.02	1:16.99	1:13.69	1:11.92	1:11.87	1:08.05	1:23.70	1:16.83	1:11.76	1:06.70	1:04.67	1:01.27
<b>200 Butterfly</b>	3:06.94	3:03.60	2:49.62	2:45.42	2:43.24	2:38.88	3:10.74	3:01.33	2:46.91	2:32.49	2:28.11	2:20.30
<b>50 Backstroke</b>	36.04	34.66	33.57	33.10	32.44	32.21	36.42	34.20	32.39	31.31	30.52	29.10
<b>100 Backstroke</b>	1:17.06	1:13.93	1:11.77	1:10.83	1:09.76	1:08.93	1:18.84	1:14.72	1:11.09	1:07.46	1:05.36	1:02.40
<b>200 Backstroke</b>	2:43.17	2:39.18	2:36.48	2:33.08	2:30.87	2:28.73	2:45.21	2:39.91	2:32.04	2:24.17	2:20.09	2:15.41
<b>200 Individual Medley</b>	2:46.42	2:43.11	2:36.51	2:34.31	2:32.16	2:30.78	2:51.53	2:41.97	2:34.00	2:26.03	2:21.85	2:16.47
<b>400 Individual Medley</b>	5:56.70	5:46.67	5:36.68	5:34.50	5:32.23	5:29.05	6:03.04	5:46.39	5:29.63	5:12.87	5:07.68	4:51.96

\*Entry times for all events must be drawn from the ASA Rankings database and achieved between 1st September 2017 and the Closing Date  
See also Championship Conditions for full entry requirements

