



stowmarketswimmingclub.co.uk

WELCOME!

Welcome to Stowmarket Swimming Club. The club can trace its history back to 1888 when swimmers used the River Rattlesden (also known locally as the River Rat), later moving to a long-removed open-air pool in Combs Ford before making Mid-Suffolk Leisure Centre its home in 1986. As such, you will be a member of a club that has been an important part of the modern community for thirty years and part of the town's history for over 125 years.

Enclosed with this pack is the club application form along with some information sheets which we strongly recommend you read carefully. Importantly, please read the club terms and conditions some of which are explained in more detail in the accompanying sheets.

We also recommend you acquaint yourself with the club's website: stowmarketswimmingclub.co.uk (where you will find good information including the club's constitution) and the ASA/Swim England website www.swimming.org

It is important to remember that while we have a professional head coach everyone else associated with the club are unpaid volunteers. Club members and their families need to ensure they do all they can to help with the smooth running of the club, particularly by making sure fees are paid correctly and on time and that you keep up to date with the club's announcements.

The following guidance has been written for the benefit of parents and guardians of child swimmers although there are elements such as the code of conduct and guidance to competition that should be read by older swimmers. Whilst accurate at the time of being issued all this guidance is subject to change from time to time.

This pack includes:

- Club Application Form.
- Club By-Laws / Terms and Conditions of Membership.
- Code of Ethics.
- Swimmers' Code of Conduct and Parent/Guardian Code of Conduct. Two copies enclosed: The swimmer CoC is to be signed by the swimmer (if 9 years old and above) and, *if the swimmer is under 18 years old*, counter-signed by *at least one* parent or guardian. Similarly, *if the swimmer is under 18 years old* the Parent/Guardian CoC (on the reverse) is to be signed by *at least one* parent or guardian. Once signed they should be returned to the club with the other copy retained.
- Commitment to Training.
- Fees: Annual Members' Subscription Guidance.
- Fees: Administration of Annual Members' Subscription and registration and renewal of ASA/Swim England membership.
- Fees: Squad and Coaching Guidance.
- Fees: Squad and Coaching Fee Rates for this year.
- Spectators at Training Sessions.
- Caps and Kit.
- Lost Property.
- Swimmer Absences as a result of Injury and Illness.
- Guide to Competition: Preparation and At the Gala.
- Volunteering.
- Becoming an Official.
- Advertising Space at Stowmarket Swimming Club.
- Conflict Resolution.

Also, a list of key committee members is posted on the club noticeboard outside the door to the pool area.

Welcome! We look forward to a long association with our club.

